TABLETS

B-Nexa®

Rx PRENATAL VITAMIN WITH B VITAMINS AND GINGER

Rx only

DESCRIPTION: B-Nexa® Tablets are a prescription prenatal vitamin that provide B-vitamin nutrition and are formulated with vitamin B6 and ginger to help calm nausea and vomiting of pregnancy (NVP). B-Nexa® Tablets contain 100 mg ginger root powder extract that, when standardized to gingerols, is equivalent to 500 mg ginger root powder. Each caplet shaped tablet is engraved "US" on one side and "215" on the other with a pink film coat.

Each pink tablet contains:

Vitamin B_6 (pyridoxine hydrochloride, USP)	42 mg
Folic Acid, USP	1.22 mg
Calcium (as dicalcium phosphate and tricalcium phosphate)	124.23 mg
Ginger (zingiber officinale) root powder extract	100 mg

Other Ingredients: microcrystalline cellulose, maltodextrin, talc, corn starch, croscarmellose sodium, stearic acid, hypromellose, hydroxypropyl cellulose, magnesium stearate, silicon dioxide, titanium dioxide, iron oxide red, iron oxide yellow, iron oxide black.

INDICATIONS: B-Nexa® Tablets are indicated to provide B-vitamin supplementation, with ginger to help calm pregnancy related nausea and vomiting (morning sickness), and may be used in conjunction with a physician prescribed prenatal regimen.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

PRECAUTIONS: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B_{12} is deficient. Folic acid in doses above 1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

Concomitant use of ginger in patients with bleeding disorders, or who are on anti-coagulant or anti-platelet therapy, may increase the risk of bleeding.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

DOSAGE AND ADMINISTRATION: One or two tablets daily, in divided doses, or as directed by a physician.

HOW SUPPLIED: Bottles of 60 tablets (NDC 0245-0215-60).

KEEP THIS AND ALL DRUGS OUT OF THE REACH OF CHILDREN.

DO NOT CHEW

Store at controlled room temperature, 15-30°C (59-86°F). Protect from light and moisture.

Distributed by:
UPSHER-SMITH LABORATORIES, INC.
6701 Evenstad Drive
Maple Grove, MN 55369
1-800-654-2299 *www.upsher-smith.com* Revised 0112

Daily-Capsule

Nexa® Plus

Rx Prenatal Vitamin with Plant-Based DHA

Rx only

Rx Prenatal Vitamin with Plant-Based DHA from Algal Oil
- 1.25 mg Folic Acid and 350 mg DHA (key omega-3 fatty acid)
- Essential vitamins and minerals
- Gentle stool softener

DESCRIPTION: Nexa® Plus Capsules are a prescription prenatal/postnatal multivitamin/mineral softgel capsule with plant-based DHA. Nexa® Plus Capsules are available as opaque brown, oblong capsules imprinted "0374" and are available in 30-count bottles (NDC 0245-0374-30).

Each softgel capsule contains:

Vitamin C (ascorbic acid, USP)	28 mg
Vitamin D_3 (cholecalciferol, USP)	800 IU
Vitamin E (d-alpha tocopherol, USP)	30 IU
Vitamin B_6 (pyridoxine hydrochloride, USP)	25 mg
Folic Acid, USP	1.25 mg
Biotin	250 mcg
Calcium	160 mg*
Iron (ferrous fumarate, USP)	29 mg
Algal oil blend (derived from Crypthecodinium cohnii)	660 mg**
Docusate Calcium, USP	55 mg

*158 mg calcium from calcium carbonate, USP and 2 mg calcium from docusate calcium, USP
**Providing 350 mg DHA (docosahexaenoic acid)

Other Ingredients: Ascorbyl palmitate, corn oil, ethyl vanillin, FD&C Yellow #6, FD&C Red #40, FD&C Blue #1, gelatin, glycerin, lecithin, soybean oil, sunflower oil, titanium dioxide, water, yellow beeswax, white ink (ammonium hydroxide, isopropyl alcohol, n-butyl alcohol, propylene glycol, shellac glaze in SD-45 alcohol, simethicone, titanium dioxide).

Contains: Soy

INDICATIONS: Nexa® Plus Capsules are indicated to provide vitamin/mineral and plant-based DHA supplementation throughout pregnancy, during the postnatal period for both lactating and non-lactating mothers, and throughout the childbearing years. Nexa® Plus may be useful in improving the nutritional status of women prior to conception.

CONTRAINDICATIONS: Nexa® Plus Capsules are contraindicated in patients with a known hypersensitivity to any of the ingredients. Do not take this product if you are presently taking mineral oil, unless directed by a doctor.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

PRECAUTION: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B_{12} is deficient. Folic acid in doses above 1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

CAUTION: Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

DOSAGE AND ADMINISTRATION: Before, during and/or after pregnancy, one softgel capsule daily or as directed by a physician.

HOW SUPPLIED: Nexa® Plus Capsules are available as opaque brown, oblong capsules imprinted "0374" and are available in 30-count bottles (NDC 0245-0374-30).

KEEP THIS AND ALL DRUGS OUT OF THE REACH OF CHILDREN.

You may report side effects to FDA at 1-800-FDA-1088. You may also report side effects to Upsher-Smith Laboratories, Inc. at 1-888-650-3789.

Store at 20° – 25°C (68° – 77°F). [See USP Controlled Room Temperature.]

Distributed by:
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Minneapolis, MN 55447
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Daily-Capsule

Nexa® Select

Rx Prenatal Vitamin with Plant-Based DHA

Rx only

Rx Prenatal Vitamin with *Crypthecodinium cohnii* algal oil providing plant-based DHA
- 1.25 mg Folic Acid and 337.5 mg DHA (key omega-3 fatty acid)
- Essential vitamins and minerals
- Gentle stool softener

DESCRIPTION: Nexa® Select capsules are a prescription prenatal/postnatal multivitamin/mineral softgel capsule with *C. cohnii* algal oil providing plant-based DHA. Nexa® Select capsules are available as opaque brown, oblong capsules imprinted "0245" and are available in 30-count bottles (NDC 0245-0245-30).

Each softgel capsule contains:

Vitamin C (ascorbic acid, USP)	28 mg
Vitamin E (d-alpha tocopherol, USP)	30 IU
Vitamin B_6 (pyridoxine hydrochloride, USP)	28 mg
Folic Acid, USP	1.25 mg
Calcium (tribasic calcium phosphate, NF)	160 mg
Iron (ferrous fumarate, USP)	29 mg
Vitamin D_3 (cholecalciferol, USP)	800 IU
Algal oil blend (derived from *Crypthecodinium cohnii*)	750 mg*
Docusate Sodium, USP	55 mg

* Providing 337.5 mg DHA (docosahexaenoic acid)

Inactive Ingredients: Ascorbyl palmitate, ethyl vanillin, FD&C Blue #1, FD&C Red #40, FD&C Yellow #6, gelatin, glycerine, lecithin, medium chain triglycerides, sodium benzoate, soybean oil, sunflower oil, titanium dioxide, tocopherols, yellow beeswax, white ink (ammonium hydroxide, isopropyl alcohol, n-butyl alcohol, propylene glycol, shellac glaze in SD-45 alcohol, simethicone, titanium dioxide).

Contains: Soy

INDICATIONS: Nexa® Select capsules are indicated to provide vitamin/mineral and *C. cohnii* algal oil providing plant-based DHA supplementation throughout pregnancy, during the postnatal period for both lactating and non-lactating mothers, and throughout the childbearing years. Nexa® Select may be useful in improving the nutritional status of women prior to conception.

CONTRAINDICATIONS: Nexa® Select capsules are contraindicated in patients with a known hypersensitivity to any of the ingredients. Do not take this product if you are presently taking mineral oil, unless directed by a doctor.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

PRECAUTION: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B_{12} is deficient. Folic acid in doses above 1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

CAUTION: Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

DOSAGE AND ADMINISTRATION: Before, during and/or after pregnancy, one softgel capsule daily or as directed by a physician.

HOW SUPPLIED: Nexa® Select capsules are available as opaque brown, oblong capsules imprinted "0245" and are available in 30-count bottles (NDC 0245-0245-30).

KEEP THIS AND ALL DRUGS OUT OF THE REACH OF CHILDREN.

You may report side effects to FDA at 1-800-FDA-1088. You may also report side effects to Upsher-Smith Laboratories, Inc. at 1-855-899-9180.

Store at 20-25°C (68-77°F). [See USP Controlled Room Temperature.]

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Maple Grove, MN 55369
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1-800-654-2299 *www.upsher-smith.com*
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DAILY-CAPSULE

PreNexa®

Rx PRENATAL VITAMIN WITH PLANT-BASED DHA

Rx only

Rx Prenatal Vitamin with Plant-Based DHA from Algal Oil
- 1.25 mg Folic Acid and 300 mg DHA (key omega-3 fatty acid)
- Essential vitamins and minerals
- Gentle stool softener

DESCRIPTION: PreNexa® Capsules are a prescription prenatal/postnatal multivitamin/mineral softgel capsule with plant-based DHA. Each softgel capsule is brown in color, opaque, and imprinted with "PreNexa".

Each softgel capsule contains:

Vitamin C (ascorbic acid, USP)	28 mg
Calcium (tribasic calcium phosphate, NF)	160 mg
Iron (ferrous fumarate, USP)	27 mg
Vitamin D_3 (cholecalciferol, USP)	400 IU
Vitamin E (d-alpha tocopherol, USP)	30 IU
Vitamin B_6 (pyridoxine hydrochloride, USP)	25 mg
Folic Acid, USP	1.25 mg
Algal oil (derived from Crypthecodinium cohnii)	750 mg *
Docusate Sodium, USP	55 mg

* Providing 300 mg DHA (docosahexaenoic acid)

Inactive Ingredients: Ethyl vanillin, FD&C blue #1, FD&C red #40, FD&C yellow #6, gelatin, glycerin, lecithin, palm kernel oil, sodium benzoate, soybean oil, sunflower oil, titanium dioxide, yellow beeswax, water and white ink (ammonium hydroxide, isopropyl alcohol, n-butyl alcohol, propylene glycol, shellac glaze in SD-45 alcohol, simethicone, titanium dioxide).

Contains: Soy

INDICATIONS: PreNexa® Capsules are indicated to provide vitamin/mineral and plant-based DHA supplementation throughout pregnancy, during the postnatal period for both lactating and non-lactating mothers, and throughout the childbearing years. PreNexa® may be useful in improving the nutritional status of women prior to conception.

CONTRAINDICATIONS: PreNexa® Capsules are contraindicated in patients with a known hypersensitivity to any of the ingredients. Do not take this product if you are presently taking mineral oil, unless directed by a doctor.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

PRECAUTION: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B_{12} is deficient. Folic acid in doses above 1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

CAUTION: Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

DOSAGE AND ADMINISTRATION: Before, during and/or after pregnancy, one softgel capsule daily or as directed by a physician.

HOW SUPPLIED: Bottles of 30 softgel capsules (NDC 0245-0178-30).

KEEP THIS AND ALL DRUGS OUT OF THE REACH OF CHILDREN.

You may report side effects to FDA at 1-800-FDA-1088. You may also report side effects to Upsher-Smith Laboratories, Inc. at 1-888-650-3789.

Store at 20-25°C (68-77°F). [See USP Controlled Room Temperature.]

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